

# Asking Someone on a Date

Asking someone on a date can be exciting, but it can also be intimidating.



The following info will help you feel more comfortable asking someone out.

# Start out with a Conversation

Before asking someone out, it's important to get to know them. If you don't know the person you're interested in, start by introducing yourself and asking for their name.



# Getting to Know Someone

When getting to know someone, it's important to listen and ask questions. Finding things in common can be helpful for making conversation.



# Don't Move Too Fast

It usually takes more than one conversation to really get to know someone. Its a good idea to have at least two conversations before you ask someone out.



# Gauging Romantic Interest

There might be some nonverbal cues that tell you the other person likes you. Smiling, blushing, and showing interest in things you like can all be signs someone likes you.



Sometimes it can be hard to read non-verbal cues. Just try your best. Its a challenge for everyone!

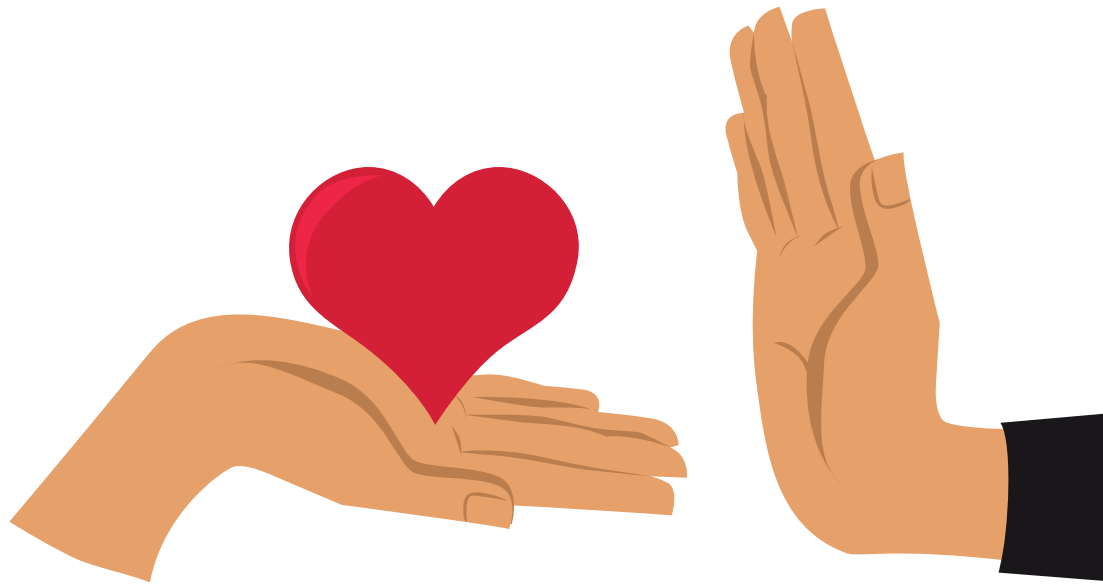
# Asking Someone Out

When you feel ready, it's time to ask them out. It's best to keep it simple. Asking "Would you like to go on a date sometime?" leaves your options open and lets the person be involved in choosing the date.



# Preparing for Their Response

Even if you did everything right, there is always a chance that the person will want to be just friends.



Rejection can be hard, but it's a normal part of dating. Try not to let yourself be discouraged from trying again with someone new!

If the person says yes, ask where they would like to go. You could suggest a restaurant, movie, walk in a park, or an activity like mini golf, bowling, bingo, etc.

