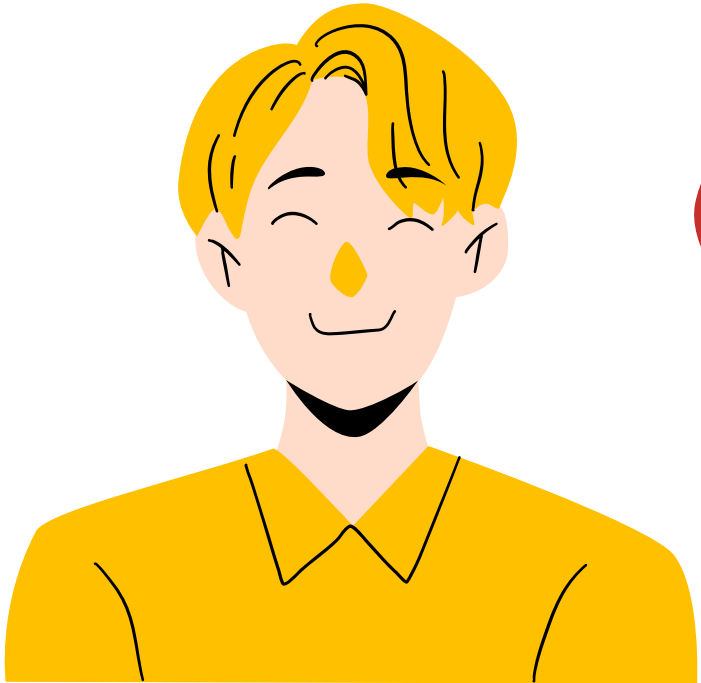


Tips for a Successful Date

Going on a date can be exciting, but it can also be a little stressful!



Here are some tips that can help you have a successful date.

Dress for the Occasion

Wear clothes that match where you're going. YouTube can be a good tool, just look up "What to wear to [fill in where you're going]". Make sure your clothes are clean!



Be on Time

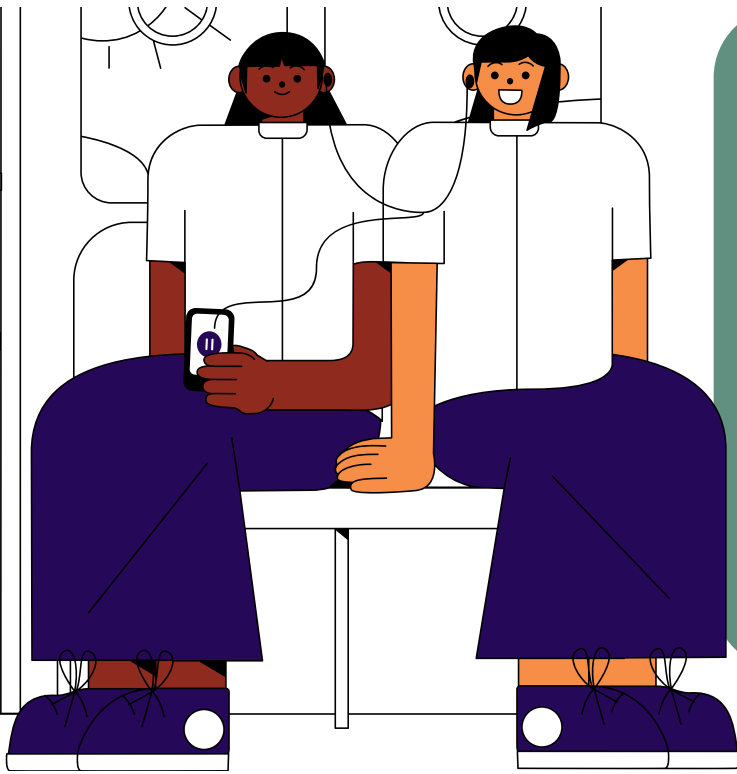
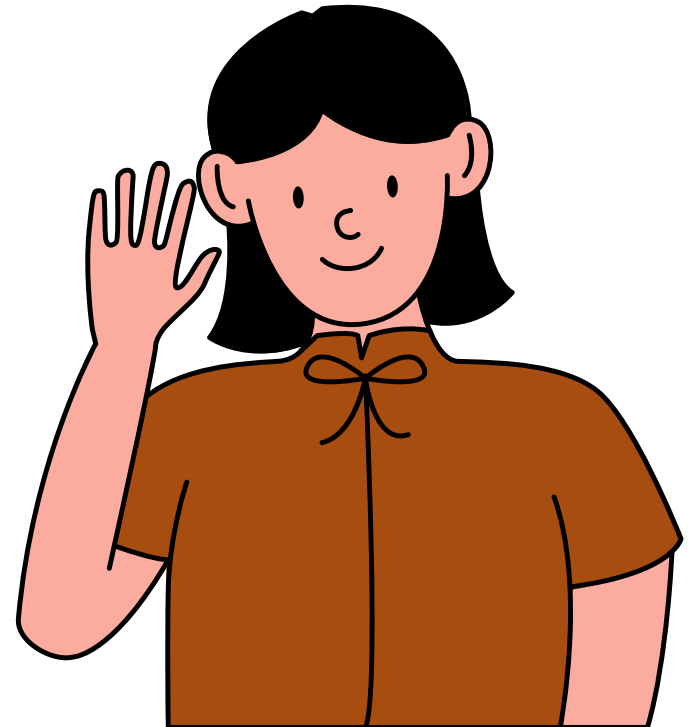
Being on time is important. It shows that you care and gives a good first impression.

Be Open Minded

You might not agree with everything your date says. Even if you don't have everything in common, you can still have a good connection.

Be Polite

Being polite makes a good impression. Saying please and thank you can make your date feel respected.



Ask Questions

Asking questions can show that you value your date. It's helpful to have some questions ready before hand.



Be Yourself

Trying to be like someone else is never a good idea in the long run. If someone is worth your time, they'll like you for who you are.



Be Honest

It's important to be truthful. Don't make up stories about yourself to seem more interesting. Being yourself is best!

Have Good Manners

If eating, try not to talk with your mouth full and have good table manners. It's also good to not be on your phone too much.



Consent is important, especially when you are on a date. If you want to kiss your date, you can ask "Can I kiss you?"

If your date gives enthusiastic consent by saying yes, then you can kiss them. If they say no, or seem unsure, don't ask over and over. Respect their answer.



If your date says "no," "I don't know," or "not yet," then you won't kiss them. This does not mean they don't want to kiss you in the future. They may not be ready for that level of intimacy yet.



It's always a good idea to ask permission before touching someone else!

If the date goes well and you had a nice time, you can call or text them within a couple of days and ask if they'd like to see you again. Give them some time to respond before you call or text again.

Even if you did everything right, there is always a chance that the person will want to be just friends. Rejection can be hard, but it's a normal part of dating. Try not to let yourself be discouraged from trying again with someone new!



I can be successful at
dating!

